

WHAT DO KOALA NW EXPECT FROM ME?

WE ASK THAT YOU:

- Have parenting experience
- Have a non-judgemental attitude
- Are flexible and able to commit to three hours minimum each week for a period of at least 12 months.
- Are willing to attend ongoing training.



KOALA NORTH WEST

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Registered Charity Number: 1139517 Company Number: 7314767



VOLUNTEER WITH US

BECOME A FAMILY MENTOR AND SUPPORT CHILDREN AND THEIR FAMILIES WITHIN THE HOME ENVIRONMENT



WHO ARE WE?

We have been supporting children and families since 2000.

We pride ourselves on training volunteers to become family mentors to support families within their home.

**DID YOU KNOW...
SINCE WE STARTED
WE HAVE SUPPORTED
IN EXCESS OF 12,000
FAMILIES AND TRAINED
MORE THAN 1,500
VOLUNTEERS.**



WHAT YOU CAN EXPECT:

- Free 10 week mentor induction programme and ongoing training
- Monthly support and supervision
- Paid travel expenses
- Learning new skills
- Gaining experience
- Improving your own self-confidence and emotional well-being.
- Volunteer events and celebrations
- Free DBS check
- Peer support

"I feel the best thing about volunteering with Koala NW is the feeling that you are part of a big happy family, each and every person being valued and sharing commitment and a passion to make a difference to families in our local community.

Every family can go through difficult times for many different reasons. To play a small part in helping someone when they feel life has become overwhelming, is so rewarding."

WHO WILL I BE SUPPORTING

Families who have asked for support in one or more of the following areas...

- Social isolation/feeling lonely
- Poor emotional and/or mental wellbeing
- Managing children's behaviour
- School readiness
- Family bereavement
- Disability/complex needs or ill health
- New baby
- Multiple birth
- Difficulty with home management/ routines

"I have been supporting a family for a year and feel very rewarded by the experience. It is like being adopted by a lovely family who are so appreciative of my support. I often tell them that I get more out of it than I could have imagined.

The initial training was excellent and the ongoing training sessions are so interesting, professional and useful. My monthly support and supervision is wonderful and I am really proud to say that I am a family mentor with Koala North West."