



**KOALA**  
North West  
Supporting children  
& their families

A member of the



# Womb to World Antenatal Wellness

## Course

Join us for three, **FREE** chilled out sessions: providing information to support health and well being of you, your bump and your family.

Information around feeding, meeting your baby's needs and looking after yourself.

numbers will be limited so booking is essential:

**0151 608 8288**

**admin@koalanw.co.uk**

**Bromborough  
Children's Centre  
CH46 7BW**

**8/10/21 @1pm**

**15/10/21 @1pm**

**22/10/21 @1pm**

**Koala North  
West Hub**

**CH42 9PH**

**9/10/21 @10am**

**16/10/21 @10am**

**23/10/21 @10am**

**Seacombe  
Children's Centre  
CH44 7AN**

**1/11/21 @noon**

**8/11/21 @noon**

**15/11/21 @noon**